

Facial Training

A good skin care regime can be quite simple. You don't need to go over the top. Your diet is important, the main thing is that you need to drink a lot of water.

Cleansing your skin: You can't put treatments on your skin if your skin isn't clean!

Micellar Lotion – non rinsing. Spray onto a pad and wipe until clean. Or apply it to the konjac sponge and cleanse with that. It has Micelles in it which combined with our micro encapsulation system drags this into the pores to get a lot deeper than most high street cleansers.

TBYB – Get the customer to cleanse their face as they usually do. Then ask them to wipe over with our Micellar on a cotton pad! They will see results and show just how deep it cleans!

PH balanced – perfect for all skin types

Anti Bacterial Facewash – This is perfect for those with oily and acne prone skin. (Possibly available in the US in September)

Konjac Sponge – A great exfoliant. A gritty exfoliator is too harsh for every day use but our sponge is gentle enough to be used daily and make your skin feel amazing!

BiPhase Make Up Remover – This is an EYE AND LIP make up remover ONLY! It's oil based, you don't want to be applying this all over your face!

Treatments:

You aren't hydrating your skin with a treatment. Treatments fix things. You still need to finish with a moisturiser.

Eye and Lip Concentrate – The skin around your eye area is tissue paper thin. You want to look after it! A moisturiser is too heavy for your eye area and will make your under eye area stretch and go puffy. Daily Use, morning and night. Dark circles, puffiness, fine lines. Hydrates the area. Recommended for EVERYONE.

Eye Contour Mask – Use once or twice a week.

Anti Imperfections – Recommended for oily skin, blemishes, break outs, acne. Absorbs the excess oil and help rid your skin of blemishes and keep them away. If someone suffered really bad with acne use Anti Bac, then apply Anti Imp to the affected areas and then finish with Hyaluronic as a moisturiser. (see notes on Hyaluronic) Wipe it on, leave it to dry.

Vitality C – Full of Collagen. 99.7% Pure Marine Collagen!! Collagen is the structure of your skin, it's what holds your skin together. The more collagen you've got in your skin, the longer it will take to age/sag.

Tightening Smoothing Base – Works in 2 ways. Superficial – has little spheres that collect in lines, wrinkles, open pores etc. Fill them in and creates a blurring action so you can't see them. A great base as a primer. The mechanical way is that it uses a muscle relaxant. A line is caused by a muscle contracting and eventually getting stuck there. TSB will relax the muscle and therefore lose the line.

Hyaluronic – Massively important when it comes to aging. Whilst Collagen holds the structure, hyaluronic is the plumper. Spoken about a lot in the beauty world. Those with oily skin and/or acne prone skin (under 25) can use Hyaluronic as a moisturiser.

Moisturisers:

UltraDerm – Anti Aging Moisturiser. You have stem cells in your skin that need protecting. UltraDerm uses plant stem cell technology to wrap around your stem cells and protect them. As well as encouraging them to replenish and multiply. It's not heavy, makes your skin feel like silk.

MesoDerm - Is also Anti Aging but focuses more on giving your skin the nutrients it needs to give your skin a nice glow. It was made to be similar to the Mesotherapy Injections; tiny injections all over your face, a cocktail of vitamins and nutrients. All of these ingredients are in our MesoDerm Cream, similar results without the pain or the price tag!

3D Corrector – Loved as a tinted moisturiser but it actually has a more complex use. Dark spots, pigmentation etc – 3D will not only help cover these but will help to get rid of them and prevent more pigmentation appearing!

Collagen Night Cream – Heavier so perfect for dry skin. Your skin rejuvenates whilst you're sleeping. This is the perfect time to use a heavier cream to fully absorb into your skin.

New Skin Mask – Uses Glycolic Acid (used in chemical face peels) Can be done invasively (50%) at a surgeon, at a salon (30%) for multiple treatments. Ours is 15% which is gentler but safe to use at home. New Skin Mask gives a deep exfoliating treatment without being abrasive and damaging the new skin underneath. Using a chemical exfoliation you can guarantee you're not scratching or damaging the skin underneath. AVOID THE EYE AREA. Only leave on for 1-2 minutes maximum on first use. PATCH TEST. Rinse off, don't use a cloth or rub your face. Ensure to rinse thoroughly. Follow with a treatment and a moisturiser – your pores are open, it's the best time to be applying treatments!

Vesuvio Mask – Clay masks dry on your skin and as they dry, absorb any excess oil from your skin. This is a temporary measure! Your skin will replenish the oil that's been taken in excess! Vesuvio puts goodness BACK IN your skin and balances it. It has anti aging, anti acne and anti dryness ingredients and is an all round mask, suitable for everyone.